HEALTH HEADLINES... CHOCOLATE AND COFFEE HEALTH BENEFITS.

IN YOUR HEALTH HEADLINES THIS MORNING...

WE HAVE A COUPLE HEALTH BENEFITS TO TELL YOU ABOUT ... FOR A COUPLE OF THINGS MOST PEOPLE CONSUME EVERYDAY...

CHOCOLATE ... AND *COFFEE.**

[TAKE VO] {***VO***} [<mos>**A** anime Lower 3rd CHIP 00400991 HEALTH HEADLINES COFFEE HELPS WITH ORAL CANCERS newsfile</mos>]

FIRST -- WE'LL TELL YOU ABOUT YOUR MORNING CUP OF JOE ...

A NEW STUDY FOUND ... HABITUAL COFFEE DRINKERS HAD ABOUT HALF THE RISK OF DYING --- FROM CANCERS OF THE MOUTH OR PART OF THE THROAT.

THE STUDY INCLUDED --- PEOPLE WHO DRANK FOUR OR MORE CUPS OF CAFFIENATED COFFEE, A DAY.

AUTHORS SAY ... THE STUDY *DOES* NEED MORE RESEARCH -- AS TO WHY COFFEE HAS THIS PROTECTIVE EFFECT.

[TAKE VO] {***TOP VO***}[<mos>**A** anime Lower 3rd CHIP 00400992 HEALTH HEADLINES A CURE FOR THE COUGH newsfile</mos>]

AND NOW -- TO THE CHOCOLATE!

RESEARCHERS SAY ... IF YOU'RE FEELING A LITTLE UNDER THE WEATHER --- EAT THE SWEET STUFF!

THEY SAY ... CHOCOLATE IS A GREAT CURE FOR THE COMMON COUGH.

A CHEMICAL IN THE COCOA BEANS MAY BE MORE EFFECTIVE ... THEN THE CODIENE IN COUGH SYRUP.

DOCTOR'S SAY ... IT'S NOT AN *ACTUAL* CURE ... BUT, WHY NOT EAT A CHOLOCATE BAR OR TWO --- IF IT PROVES TO HELP!